

LOS ANGELES COUNTY
Intensive Case Management Services Project (\$1,028,000 grant)

This project, which is targeting juvenile offenders referred by the mental health court and mentally ill youth transitioning home from residential group home placement, involves three interconnected service components: Family Functional Therapy (FFT), intensive probation case management, and medication support services. Services are provided for an average of five months and through a delivery model that emphasizes parental involvement and choice in planning and treatment decisions.

Six ICM intervention teams, all of which include FFT therapists and deputy probation officers cross-trained in cognitive behavioral therapy and other evidence-based interventions, are responsible for case planning and service delivery. At the start of services, the ICM team works with the county's psychiatric providers to ensure that youth prescribed psychotropic medications continue to receive them and to integrate medication care and management into the probationers' case plan.

For youth referred from the county's Mental Health Court, ICM services begin within the first three days of release from detention or suitable placement order. For youth in a residential group home placement, the project includes transition planning with the ICM team, the youth, his/her family, and the group home provider. Re-entry services, which begin 45 days prior to release, include an assessment of the youth's progress in achieving treatment goals, development of a transition plan that incorporates post-group home treatments goals and conditions of probation, a family monitoring plan, a relapse prevention plan, school enrollment and academic support, and assistance in accessing benefits and family support services. ICM services are provided within 24 hours of the youth's release

The county anticipates that approximately 160 families will receive ICM services during the course of the 18-month grant program.

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